

What is a good fit?

Good fit means that when a garment is viewed on someone it looks attractive from all sides, without pulls, gaps, or folds. It is essential that each and every item be tried on to determine the fit before purchasing. Check the view from the back as well as the front. Test fit by sitting, walking, bending, stretching, or reaching. Always wear good undergarments. Properly fitted undergarments create a clean and smooth fit.

## **Fashion Fit Tips**

The suggestions below should help you prepare for the fashion revue.

### **Girls**

- \* Proper foundation garments should be worn but not seen.
- \* Shoe heel height should be appropriate for skirt length.
- \* Accessories should add to the total look for the outfit and not create a competing second look.
- \* Slips should always be worn with skirts.
- \* Proper undergarments would be worn.

### **Boys**

- \* When wearing pants with belt loops, always wear a belt. Belts just make an outfit look polished and well put together.
- \* Jacket Length - sleeve length should come to the bony knot on the wrist when the arm is down at the side. Shirt cuffs should be  $\frac{1}{2}$  inch longer than thumbs when arms are down.
- \* Slacks - back of hem should touch back of sole and angle up in front. Pant hem should break at top of shoe. Cuffed slacks are straight. Straight slacks should always have longer break in front than cuffed slacks.
- \* Boots are only appropriate if they suit the style of the garment.
- \* Older boys (over 11) should wear hand-tied ties. No clip-ons.
- \* Tie tacks should be worn if appropriate.
- \* Don't wear both a belt and suspenders.
- \* Belts should match your shoes.
- \* Socks should match your trousers.
- \* Button top button only on suit jacket.

**Practice modeling in your complete outfit so you will feel comfortable and confident.**

**Shoes need not be new but should be clean and recently polished. Props should appear natural. Should not take away from the outfit.**